

Contact

www.linkedin.com/in/laurenpatersonmcr (LinkedIn)

Top Skills

Databases

Europe, the Middle East, and Africa (EMEA)

GTM

Certifications

Duke of Edinburgh Gold

Duke of Edinburgh Silver

Certified Internet Recruiter

FA Level 1 in Coaching Football

Personal Alcohol Licence

Lauren Patterson

Building world-class teams shaping the future of defence technology and advancing some of the world's most complex systems

Manchester Area, United Kingdom

Summary

Hey hey, a little bit about me...

I believe in leading with integrity and intention, with strong values at the core of my work.

Be a Good Human: kindness, respect, and empathy aren't just personal principles; I believe they're the foundations of meaningful, sustainable success.

Collective Ownership: I'm passionate about alignment around shared goals, where accountability and collaboration drive real impact. When everyone feels responsible, everyone wins.

Continuous Innovation: I thrive at the intersection of technology, data, and creativity. I'm always exploring new ideas and smarter ways to work because to me progress never stops.

Community: I believe in building communities that challenge and support one another — where collaboration and a healthy dose of competition helps everyone grow stronger together.

Experience

STARK

Senior Talent Manager

November 2025 - Present (2 months)

United Kingdom

Couchbase

Senior Talent Manager

January 2025 - October 2025 (10 months)

Manchester Area, United Kingdom

Multiverse
Talent Specialist
April 2024 - January 2025 (10 months)
London Area, United Kingdom

Couchbase
Senior Talent Manager
November 2023 - April 2024 (6 months)
London Area, United Kingdom

Spinks on Site
3 years
Senior Talent Manager
February 2023 - April 2024 (1 year 3 months)
Manchester Area, United Kingdom

Technology Consultant Level 2
June 2022 - February 2023 (9 months)
Manchester Area, United Kingdom

Talent Manager
July 2021 - February 2023 (1 year 8 months)
Manchester Area, United Kingdom

Technology Consultant Level 1
May 2021 - June 2022 (1 year 2 months)
Manchester Area, United Kingdom

Couchbase
1 year 1 month
Senior Talent Manager (via Spinks on Site)
December 2022 - April 2023 (5 months)
Manchester Area, United Kingdom

Silver Outsourced In-House Recruitment Team of the Year 2023

Talent Manager (via Spinks on Site)
April 2022 - December 2022 (9 months)
Manchester Area, United Kingdom

Silver Outsourced In-House Recruitment Team of the Year 2023

PTI Digital
Talent Manager (via Spinks on Site)

July 2021 - January 2022 (7 months)

Manchester Area, United Kingdom

JAM Recruitment

Recruitment Consultant

January 2020 - May 2021 (1 year 5 months)

Manchester Area, United Kingdom

McDonald's

Assistant Manager

May 2013 - December 2019 (6 years 8 months)

Manchester Area, United Kingdom

Education

Crompton House Sixth Form

A Level, Mathematics and Statistics · (September 2012 - June 2014)